

Stichera--- Tone 6

You beamed with good deeds and were fortified with visions  
because you were a strict hermit, O Paraschiva.  
You repel the darkness of heresy  
and with rays of glory you illumine with faith and love  
those who heed your instruction.  
As we commemorate your light-bearing feast in love  
we ask you to intercede boldly before Christ for our souls.

Your soul was fortified with armor through monastic obedience  
and you sublimated the bodily passions,  
making your mind a dwelling of the divine Trinity.  
You were exalted, O Paraschiva,  
to where the righteous repose and there is incorruption.  
With them you now rejoice,  
standing in glory before Christ  
boldly intercede for our souls.

You drowned all the hosts of demons, O Paraschiva  
rendering the demons powerless with the well of your divine tears.  
You subdue the boastful high praise on earth  
through your will which is continually directed towards God.  
You elevated yourself to the heavenly places which are arrayed in beauty  
and you dwell with the angels.  
Standing before Christ  
boldly intercede for our souls.

O Paraschiva the blessed one, alive after death,  
you comfort all who faithfully run to your tomb  
and you always protect them against terrible passions.  
You deliver them from difficulties,  
and through your intercessions, you grant them healing.  
You rescue from the assault of the demons  
those who honor your holy memory  
asking God to grant them forgiveness of sins.

You were revealed as an earthly angel  
living a bodiless life in your material body.  
You fled from your father and mother  
and found refuge in Christ, your Bridegroom,  
dwelling in the Bridal Chamber, O bride divine!  
You left your body here on earth,  
and through it you grant healings and emit miraculous gifts  
to those who run to you in faith.

In olden times,  
God showered manna from heaven on the Israelites.  
But in our days, a double ration is given to those who honor you, O Paraschiva.  
As we remember you, count us worthy to receive the gift of the Divine Bread  
and to render thanks for your miracles.  
May we receive spiritual joy, salvation, and eternal happiness.

Glory to the Father and to the Son, and to the Holy Spirit. (Tone 1)

By the flow of your tears you extinguished the burning of bodily passions,  
and kindling the fire of divine zeal  
you became radiant with the immortality of Christ the King.  
You united yourself to him, O Paraschiva, good virgin,  
and entered together with him in the spiritual Bridal Chamber.  
O Paraschiva, pray for our souls!

Now and ever and unto ages of ages. Amen. (Dogmatikon; Tone 1)

Let us praise Mary the Virgin, glory of the universe;  
born of man and birthgiver of the master.  
She is the heavenly gate,  
hymned by the angels and ornament of the faithful.  
She indeed, appeared as heaven and divine temple.  
She brought peace to us and opened the kingdom  
by destroying the dividing wall of enmity.  
Having her as an anchor of faith,  
we have as our defender the Lord, born of her.  
Behold, O people of God,  
for he will destroy our enemies.

APOSTICHA Tone 4

O venerable mother, Paraschiva!  
Wounded by divine love  
and despising all the deceiving passions of this vain life  
you followed Christ with a burning desire of the Spirit.  
You killed the petulance of the body  
through abstinence, genuine tenderness and complete humility to the will of God.  
Therefore, you received from God the gift of performing ineffable miracles.  
Praise to God to enlighten and save our souls!

Precious in the sight of the Lord is the death of his saints.

In following the angelic life, O venerable mother Paraschiva,  
you counted this passing life as a dream.  
Through constant prayer, vigil, fasting and prostrations  
you were revealed as a pure vessel of the divine Spirit.  
Therefore you received from God the gift of radiant and ineffable miracles.  
O all-blessed mother, interceed with him  
to enlighten and save our souls.

O blessed are those who fear the Lord and walk in his ways!

You abandoned everything that belongs to this short and deceiving life  
and you extinguished the flame of passions  
through unceasing prayer, tenderness and perfect obedience.  
Attaining the bodiless ranks you behold the uncovered face of God's glory!  
O venerable mother Paraschiva,  
interceed with him to illumine and save our souls!

Glory to the Father and to the Son, and to the Holy Spirit. (Tone 2)

From your childhood you loved Christ, O Paraschiva.  
and you were a rose nurtured from good roots.  
You were fed with grace rather than milk.  
That is why, standing on the stone, you did not fade away.  
Lifting your mind toward God  
you progressed through good deeds as a dwelling for God.  
As a temple of God you dance together with the heavenly hosts,  
interceed with him to save our souls.

Now and ever and unto ages of ages. Amen. (Tone 2)

O newest wonder greatest of all the wonders of old!  
Who has known of a mother giving birth without the seed of a man?  
And carry the upholder of all creation in her arms?  
This is the will of God, he that was so born,  
him that you carried as a child in your arms, O pure one.  
Therefore, having the privilege of a mother,  
do not cease to interceed with him, for those who praise you,  
that he have mercy on us and save our souls.

TROPAR Tone 4

O worthy of praise, Paraschiva!  
You loved the ascetical and hesycast life  
and you ran with longing to your Bridegroom, Christ.  
You accepted his good yoke in your tender years  
and arming yourself by the sign of the cross,  
you fought against impure thoughts.  
Through fasting, prayer and the shedding of tears,  
you quenched the burning coal of the passions.  
And now as you stand in the heavenly Bridal Chamber of Christ,  
together with the wise virgins,  
interceed for us who honor your precious memory.

THEOTOKION Tone 4

The mystery hidden from before all time  
and unknown even to the angels,  
was revealed to men through you, O Birthgiver of God:  
That God becoming man in a non-confused union,  
willed to ascend the cross for us.  
Thus he resurrected Adam the First-fashioned  
and saved our souls from death.